

Be joyful always; pray continually; give thanks in all circumstances, for this is God's will for you in Christ Jesus.

1 Thessalonians 5:16-18

1. Gratitude Replaces Worry

Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God.

Philippians 4:6

Make the Lord <u>the focus</u> of your attention.

2. Gratitude Rekindles Happiness

Rejoice in the Lord always. I will say it again: Rejoice!

Philippians 4:4

'How happy' {J B Phillips}

3. Gratitude Realises Good Things

When we give thanks, God's peace will be upon us.

One of the most extreme aspects of gratitude in one of the most extreme and horrific circumstances!

